


Brian Gongol's Security Update




Weekly Checklist for August 5, 2006

See www.gongol.com for updates throughout the week



Urgent this week:

-  Firefox users need to upgrade to version 1.5.0.6 – it's available by clicking on “Help” and “Check for updates”. Yes, it's only been a week since the last update, but this is an important one that fixes potential security problems in multimedia files



Important to do every week:

-  Run a backup of your important computer files and store it in a safe location.
-  Update your anti-spyware software and run it. If you need free anti-spyware software, visit <http://www.safer-networking.org/en/spybotsd/> and download Spybot Search and Destroy.
-  Update your anti-virus software and run it. If you need free anti-virus software, visit <http://free.grisoft.com> and download AVG Anti-Virus.

Other recommended security measures:

-  Set up a limited-access user account on your computer and use it for most purposes. See <http://www.gongol.com/howto/createalternateadmin/> for complete instructions.
-  Use Firefox, Opera, Safari, or another web browser. See <http://www.gongol.com/howto/getanewbrowser/> for complete instructions.

Other helpful links:

-  Listen to the WHO Radio Wise Guys Saturdays from 12:00 – 2:00 Central via streaming audio at <http://www.whoradio.com/> or on 1040 AM.
-  Get a professional website for under \$500 at <http://www.northernrepublic.com/>